

**PRESENTER:**

**Sergio Sanchez, MD**

Dr. Sanchez is a psychiatrist at the Carolina Center for Behavioral Health in Greer, SC, where he has been since 2006. Dr. Sanchez has an extensive background in pharmaceutical research and is recognized as a national speaker in the area of psychiatric pharmaceuticals.

**Amber Hollingsworth, MS, LPC**

Amber is a Counselor in the Adolescent Unit at the Carolina Center for Behavioral Health where she has worked for 5 years, and specifically in the Chemical Dependency Unit for 3 years.

**TARGET AUDIENCE:**

Pharmacists, pharmacy technicians, nurses, nurse practitioners, physician assistants, physical therapists, occupational therapists, social workers, counselors, and other interested allied health practitioners

**CONTINUING EDUCATION CREDIT:**

This program will provide 6 hours (0.6 CEU) of ACPE credit. Partial credit is not available.

“Psychopharmacology: Mental Health and Medications”  
ACPE# 062-999-10-010-L01-P, provides 6 hours (0.6 CEU) credit.



The South Carolina College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a Pharmacy provider of Continuing Pharmacy Education. Attendance must be acknowledged at the registration desk upon arrival. The mechanism for obtaining your CE statements will be described at the conclusion of the program.  
Initial Issue Date: 2/27/10

**Nurses:** The ANCC Certification Program accepts continuing pharmacy education credits to meet the requirements for renewal of the ANCC Certification.

**Social Workers:** This program has been approved by the South Carolina Board of Social Work Examiners for 6 clock hours of continuing (trained) education.

**Counselors:** This program has been approved for 6 hours of continuing education by South Carolina AHEC under its accreditation by the South Carolina Board of Examiners for Licensed Professional Counselors, Marital and Family Therapists and Psycho educational Specialists.

**Physical Therapists and Physical Therapists Assistants:**

6 hours (.6 CEU) of continuing education has been applied for through the South Carolina American Physical Therapy Association.

**Occupational Therapists and Occupational Therapy Assistants:**

6 hours of continuing education has been applied for through the South Carolina Occupational Therapy Association.

**Others:** All others will be given a certificate of attendance for 6 hours of continuing education.

**REGISTRATION INFORMATION:**

Please register early. Registration is limited to participants on a first come, first serve basis. If you wish to register late, please call first to see if space is available.

SRHS employees: \$45.00  
Others: \$55.00

Late fee: Please add \$15.00 if postmarked after 2/18/10

Registration fee includes breaks, lunch, handout materials and \$15 continuing education fee. Cancellation prior to deadline will be honored minus a \$15.00 administrative fee. No refunds will be made after Feb. 18. Substitutions are accepted and encouraged. No confirmation will be sent.

☎For registration information, call Crystal Green at (864) 560-6282☎  
☎For program information, call Dianne Lanford at (864) 560-6251☎

*Please note snow date of March 6. If we have snow on February 27 and businesses are closed, the program will be held on March 6. If there are only minor delays, the program will be held as scheduled and on time. If it is cancelled, we will notify you by email, therefore it is important that you give us a legible email address.*

**DIRECTIONS**

From the West: Take I-26 to I-85 Drive south on I-85 toward Greenville; exit onto SC 101 at Exit 60. Proceed toward Greer. At traffic light, turn left onto the entrance road.

From the East: Take I-26 to I-85. Drive south on I-85 toward Greenville; exit onto SC 101 at Exit 60. Proceed toward Greer. At traffic light, turn left onto entrance road.

From the North: Take I-26 to I-85. Drive south on I-85 toward Greenville; exit onto SC 101 at Exit 60. Proceed toward Greer. At traffic light, turn left onto entrance road.

From the South: Take I-85. Drive north on I-85 toward Spartanburg; exit onto SC 101 at Exit 60. Proceed toward Greer. At traffic light, turn left onto entrance road.

Parking: Visitors parking is available. Please look for the signs. Proceed to the Security booth near the turnstiles. You will be directed to the lobby. Once in the lobby, please let the receptionist know that you are attending the Spartanburg Regional Continuing Education program.

**During breaks, you will be able to enjoy touring the BMW Zentrum Museum.**

**Overnight Accommodations**

Marriott Greenville One Parkway East Greenville, SC Phone	Corporate Rate (Please indicate that you are with SRMC program to get this rate) (864) 297-0300	\$119.00
Courtyard Marriott 115 The Parkway Greenville, SC	Weekend rate Weekday rate Phone	\$89.00 \$129.00 (864) 213-9009

**REGISTRATION FORM**

**“Psychopharmacology: Important Information for Practitioners and Their Patients”**

*Please print clearly. One name per form.  
February 27, 2010*

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Employer \_\_\_\_\_  
Credentials \_\_\_\_\_  
Daytime Phone Number \_\_\_\_\_  
Email Address \_\_\_\_\_

Does this activity satisfy requirements for state or federal licensure or certification:  Yes  No

Special Needs (please specify) \_\_\_\_\_

Registration Fee enclosed (*please circle the correct fee*)

- \$45.00 SRHS employees
- \$55.00 Others
- \$15.00 *Please add a \$15.00 late fee if postmarked after 2/18/10*

**Payment Method**

- A.  Personal Check – amount enclosed \$ \_\_\_\_\_
- B.  Employer Check – amount enclosed \$ \_\_\_\_\_
- C.  State or Agency Voucher (enclose a copy) \$ \_\_\_\_\_
- D.  SRHS Interdepartmental Transfer Form (send original copy) \$ \_\_\_\_\_
- E. Charge:  Visa  Mastercard  Discover

Acct # \_\_\_\_\_  
Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_  
Signature \_\_\_\_\_

**Please make check payable to:**  
Spartanburg Regional

**MAIL TO:**

Spartanburg Regional, Department of Education  
PO Box 4848  
Spartanburg, SC 29305-4848

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Spartanburg SC

# Psychopharmacology: Important Information for Practitioners and Their Patients

A six hour continuing education program for pharmacists, nurses, nurse practitioners, physician assistants, physical therapists, occupational therapists, social workers, counselors, and other interested allied health practitioners.



**Saturday, February 27, 2010**

*(Snow Date March 6, 2010)*

**8:15-8:45am Registration**

**8:45am-4:30pm Program**

**BMW Zentrum  
1400 Highway 101 South  
Greer, SC 29651  
(minutes from downtown Greenville)**

**Co-sponsored by:  
SRHS Department of Education**



**South Carolina College of Pharmacy**



## **OVERVIEW:**

All allied health professionals work with patients dealing with mental health issues and taking psychiatric medications. It is important to understand these medications, their interactions and side effects. This workshop will help practitioners understand these medications, the issues surrounding them, as well as the importance of therapy as an adjunct in addition to medication for positive patient outcomes.

## **OBJECTIVES:**

At the end of this program, participants should be able to:

- Identify basic neurophysiology and how it relates to psychotropic medications.
- Recognize the most recent antipsychotics, antidepressants, antianxiety and mood-stabilizing medications and how they differ from the older medications.
- Assess the effectiveness of psychotropic medications in terms of selection and dosages.
- List drug interactions and side effects of various medications as well as how to manage these effects.
- Describe the proper method of answering questions that patients have about medication types, dosage, drug interactions and side effects.
- Describe the importance of counseling in addition to medication management for effective patient outcomes.

## **AGENDA:**

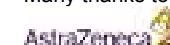
8:15 - 8:45 AM	REGISTRATION
8:45 - 10:15 AM	Depression – Sergio Sanchez, MD
10:15 - 10:35 AM	BREAK
10:35 - 12:35 PM	Anxiety & Psychosis – Sergio Sanchez, MD
12:35 - 1:35 PM	LUNCH
1:35 - 3:05 PM	Bi-Polar – Sergio Sanchez, MD
3:05 - 3:25 PM	BREAK
3:25 - 4:25 PM	Medication and Therapy – Amber Hollingsworth, LPC
4:25 - 4:30 PM	EVALUATION AND ADJOURN

## **PLEASE NOTE: Please wear completely closed-in shoes to the program.**

No open toe, open heels or spike heels. This is for safety reasons. We must walk through the plant to get to the cafeteria to eat. If you have open shoes on, you will not be allowed to go to the cafeteria. Thank you!

## **ACKNOWLEDGEMENTS:**

Many thanks to Astra Zeneca for their generous support of this program.



Spartanburg Regional  
Department of Education  
PO Box 4848  
Spartanburg, SC 29305-4848

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